

- All lane swim times are subject to change. On August 5 the Centre will operate on a modified holiday schedule.
- Please consult [www.tpasc.ca/schedules](http://www.tpasc.ca/schedules), or call 416-283-5222, in advance to confirm that a lane swim program is taking place at its regularly scheduled time.

### WEEKS 1-3: JULY 29 TO AUGUST 18, 2019

	MON	TUE	WED	THUR	FRI	SAT	SUN	MON	TUE	WED	THUR	FRI	SAT	SUN	MON	TUE	WED	THUR	FRI	SAT	SUN
AGE	JULY 29	JULY 30	JULY 31	AUG. 1	AUG. 2	AUG. 3	AUG. 4	AUG. 5	AUG. 6	AUG. 7	AUG. 8	AUG. 9	AUG. 10	AUG. 11	AUG. 12	AUG. 13	AUG. 14	AUG. 15	AUG. 16	AUG. 17	AUG. 18
<b>Leisure Swim</b>	<b>All Ages</b>	✓ 1:00 - 2:30 pm <i>(Women's Only)</i> 2:45 - 4:30 pm	✓ 2:45 - 4:00 pm 7:15 - 8:30 pm	✓ 2:45 - 4:45 pm 7:15 - 8:30 pm	✓ 2:45 - 4:00 pm 7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:15 - 4:00 pm	✓ 11:00 am - 1:00 pm	✓ 2:45 - 4:00 pm 7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:45 - 4:00 pm 7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:15 - 4:00 pm	✓ 2:15 - 4:00 pm	✓ 1:00 - 2:30 pm <i>(Women's Only)</i> 2:45 - 4:30 pm	✓ 2:45 - 4:00 pm 7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:45 - 4:00 pm 7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:15 - 4:00 pm	✓ 2:15 - 4:00 pm
*Please see our admittance policy prior to attending leisure swim program.																					
<b>Lane Swim</b>	<b>7+ Years</b>	✓ 5:00 - 8:30 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 2:30 - 4:30 pm 4:30 - 8:30 pm <i>(Minimal Lanes)</i> 8:30 - 11:00 pm	✓ 7:00 - 8:30 am <i>(Minimal Lanes)</i> 11:30 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 6:30 - 7:00 pm <i>(Minimal Lanes)</i> 7:00 - 11:00 pm	✓ 5:00 - 8:30 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 4:00 - 8:30 pm <i>(Minimal Lanes)</i> 8:30 - 11:00 pm	✓ 7:00 - 8:30 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 6:30 - 7:15 pm <i>(Minimal Lanes)</i> 7:15 - 11:00 pm	✓ 7:00 - 8:30 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 6:30 - 9:00 pm <i>(Minimal Lanes)</i> 9:00 - 11:00 pm	✓ 5:00 - 10:30 am <i>(Minimal Lanes)</i> 10:30 am - 1:30 pm <i>(Minimal Lanes)</i> 1:30 - 11:00 pm	✓ 8:30 am - 3:30 pm <i>(Minimal Lanes)</i> 11:30 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 4:00 - 7:15 pm <i>(Minimal Lanes)</i> 7:15 - 11:00 pm	✓ 5:00 - 8:30 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 4:00 - 7:15 pm <i>(Minimal Lanes)</i> 7:15 - 11:00 pm	✓ 5:00 - 9:00 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 4:00 - 9:00 pm <i>(Minimal Lanes)</i> 9:00 - 11:00 pm	✓ 5:00 - 9:00 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 4:00 - 9:00 pm <i>(Minimal Lanes)</i> 9:00 - 11:00 pm	✓ 5:00 - 10:30 am <i>(Minimal Lanes)</i> 10:30 am - 1:30 pm <i>(Minimal Lanes)</i> 1:30 - 11:00 pm	✓ 5:00 - 10:30 am <i>(Minimal Lanes)</i> 10:30 am - 1:30 pm <i>(Minimal Lanes)</i> 1:30 - 11:00 pm	✓ 5:00 - 10:30 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 2:45 - 4:30 pm 4:30 - 8:30 pm <i>(Minimal Lanes)</i> 8:30 - 11:00 pm	✓ 5:00 - 8:30 am <i>(Minimal Lanes)</i> 9:00 am - 12:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 4:00 - 7:15 pm <i>(Minimal Lanes)</i> 7:15 - 11:00 pm	✓ 5:00 - 9:00 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:30 pm 4:30 - 9:00 pm <i>(Minimal Lanes)</i> 9:00 - 11:00 pm	✓ 5:00 - 9:00 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:00 pm 4:00 - 7:15 pm <i>(Minimal Lanes)</i> 7:15 - 11:00 pm	✓ 5:00 - 8:30 am <i>(Minimal Lanes)</i> 10:00 am - 1:00 pm <i>(Minimal Lanes)</i> 1:00 - 4:30 pm 4:30 - 9:00 pm <i>(Minimal Lanes)</i> 9:00 - 11:00 pm	✓ 5:00 - 10:30 am <i>(Minimal Lanes)</i> 10:30 am - 1:30 pm <i>(Minimal Lanes)</i> 1:30 - 11:00 pm	✓ 5:00 - 10:30 am <i>(Minimal Lanes)</i> 10:30 am - 1:30 pm <i>(Minimal Lanes)</i> 1:30 - 11:00 pm	
<b>Women's Only Lane Swim</b>	<b>7+ Years</b>	✓ 1:00 - 2:30 pm	♦	♦	♦	♦	♦	♦	♦	♦	♦	♦	♦	♦	✓ 1:00 - 2:30 pm	♦	♦	♦	♦	♦	♦

\*7-9 yrs old will be expected to swim with an adult at all times. Participants must have the ability to swim lanes/circuits in accordance with directions prescribed at the pool of choice.  
 Adult: \$4.00/visit, Older Adults: \$2.00/visit, Child/Youth: \$2.00

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### WEEKS 4-5: AUGUST 19 TO SEPTEMBER 1, 2019

	MON AUG. 19	TUE AUG. 20	WED AUG. 21	THUR AUG. 22	FRI AUG. 23	SAT AUG. 24	SUN AUG. 25	MON AUG. 26	TUE AUG. 27	WED AUG. 28	THUR AUG. 29	FRI AUG. 30	SAT AUG. 31	SUN SEPT. 1
<b>Leisure Swim</b>														
<b>All Ages</b>	✓ 1:00 - 2:30 pm <b>(Women's Only)</b>  2:45 - 4:30 pm	✓ 2:45 - 4:00 pm  7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:45 - 4:00 pm  7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:15 - 4:00 pm	✓ 2:15 - 4:00 pm	✓ 1:00 - 2:30 pm <b>(Women's Only)</b>  2:45 - 4:30 pm	✓ 2:45 - 4:00 pm  7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:45 - 4:00 pm  7:15 - 8:30 pm	✓ 2:45 - 4:30 pm	✓ 2:15 - 4:00 pm	✓ 2:15 - 4:00 pm

\*Please see our admittance policy prior to attending leisure swim program.

<b>Lane Swim</b>														
<b>7+ Years</b>	✓ 5:00 - 7:00 am	✓ 5:00 - 8:30 am	✓ 5:00 - 7:00 am	✓ 5:00 - 9:00 am	✓ 5:00 - 9:00 am	✓ 5:00 - 10:30 am	✓ 5:00 - 10:30 am	✓ 5:00 - 8:30 am	✓ 5:00 - 8:30 am	✓ 5:00 - 8:30 am	✓ 5:00 - 9:00 am	✓ 5:00 - 9:00 am	✓ 5:00 - 10:30 am	✓ 5:00 - 10:30 am
	7:00 am - 8:30 am <b>(Minimal Lanes)</b>	9:00 am - 12:00 pm <b>(Minimal Lanes)</b>	7:00 - 8:30 am <b>(Minimal Lanes)</b>	9:00 am - 1:00 pm <b>(Minimal Lanes)</b>	10:00 am - 1:00 pm <b>(Minimal Lanes)</b>	10:30 am - 1:30 pm <b>(Minimal Lanes)</b>	10:30 am - 1:30 pm <b>(Minimal Lanes)</b>	10:00 am - 1:00 pm <b>(Minimal Lanes)</b>	9:00 am - 12:00 pm <b>(Minimal Lanes)</b>	8:30 am - 1:00 pm <b>(Minimal Lanes)</b>	9:00 am - 1:00 pm <b>(Minimal Lanes)</b>	1:00 am - 1:00 pm <b>(Minimal Lanes)</b>	10:30 am - 1:30 pm <b>(Minimal Lanes)</b>	10:30 am - 1:30 pm <b>(Minimal Lanes)</b>
	10:00 am - 1:00 pm <b>(Minimal Lanes)</b>	1:00 - 2:00 pm	10:00 am - 1:00 pm <b>(Minimal Lanes)</b>	1:00 - 2:00 pm	1:00 - 4:30 pm	1:30 - 11:00 pm	1:30 - 11:00 pm	2:45 - 4:30 pm	1:00 - 4:00 pm	1:00 - 4:30 pm	1:00 - 4:00 pm	1:00 - 4:30 pm	1:30 - 11:00 pm	1:30 - 11:00 pm
	2:45 - 4:30 pm	2:00 - 4:00 pm <b>(Minimal Lanes)</b>	1:00 - 4:00 pm	2:00 - 4:00 pm <b>(Minimal Lanes)</b>	4:30 - 9:00 pm <b>(Minimal Lanes)</b>			4:30 - 8:30 pm <b>(Minimal Lanes)</b>	4:00 - 7:15 pm <b>(Minimal Lanes)</b>	4:30 - 9:00 pm <b>(Minimal Lanes)</b>	5:30 - 7:15 pm <b>(Minimal Lanes)</b>	4:30 - 9:00 pm <b>(Minimal Lanes)</b>		
	4:30 - 8:30 pm <b>(Minimal Lanes)</b>	4:00 - 7:15 pm <b>(Minimal Lanes)</b>	5:30 - 9:00 pm <b>(Minimal Lanes)</b>	6:30 - 7:15 pm <b>(Minimal Lanes)</b>	9:00 - 11:00 pm			8:30 - 11:00 pm	7:15 - 11:00 pm	9:00 - 11:00 pm	7:15 - 11:00 pm	9:00 - 11:00 pm		
	8:30 - 11:00 pm	7:15 - 11:00 pm	9:00 - 11:00 pm	7:15 - 11:00 pm										
<b>Women's Only Lane Swim</b>	✓ 1:00 - 2:30 pm	♦	♦	♦	♦	♦	♦	✓ 1:00 - 2:30 pm	♦	♦	♦	♦	♦	♦

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