

## NOODLE BOWLS

### **Penne Primavera**

Served With Mixed Roasted Vegetables, Basil Tomato Sauce, Parmesan Cheese

### **Creamy Penne**

Served With Sauteed Mushroom, Diced Tomato And Onion, Parmesan Cheese, Rich Cream Sauce

### **Asian Teriyaki**

Rice Noodles, Asian Vegetable Medley, Ginger, Garlic, Teriyaki Sauce

## BROWN RICE BOWLS

### **10 Mexican Rice Bowl 10**

Sweet Corn, Black Bean, Guacamole, Sharp Cheese, Sour Cream, Tomato Salsa

### **10 Greek Island Rice Bowl 10**

Red Onion, Tomato, Kalamata Olives, Cucumber, Feta Cheese, Parsley And Tzatziki

### **10 Asian Rice Teriyaki 10**

Asian Vegetable Medley, Ginger, Garlic, Teriyaki Sauce

**Add Slow Cooked Pulled Beef or Grilled Halal Chicken for 4**

## FAVOURITES

### **Poolside's Burger**

In House Made Patty, Served With Lettuce, Tomato, Pickle      Add Cheese 1.5      Add Bacon 2

### **Big Onion Burger**

In House Made Patty, Lettuce, Tomato, Crispy Onion Rings, Swiss Cheese, Buttermilk Ranch

### **Great Canadian Burger**

In House Made Patty, Lettuce, Tomato, Back Bacon, Canadian Cheddar

### **Mexican Burger**

Lettuce, Tomato, Cheddar Cheese, Guacamole, Tomato Salsa

### **Chicken Wings & Frites 1lb**

Served With Your Choice of Sauce: Smokey BBQ, Sweet Chili, Honey Garlic, Spicy Hot, or Naked

### **Quesadilla**

Peppers, Onions, Mexican Seasoning, Sharp Cheeses, Sour Cream, Salsa      Add Chicken 3

### **Chicken Strips & Chips**

## SANDWICHES AND WRAPS

**10      Steak Sandwich      12**

Ciabatta Bun, Grilled Steak, Sautéed Onion and Mushroom, Garlic Aioli

**12      Chicken Caesar Wrap      12**

Crisp Romaine Lettuce, Creamy Garlic Dressing, Parmesan Cheese, Grilled Chicken Breast

**12      BBQ Chicken      12**

Maple BBQ Seasoned Chicken, Spicy Mayo, Sliced Apple, Swiss Cheese

**12      Vegetable Hummus Wrap      12**

Whole Grain Tortilla, Mixed Grilled Balsamic Vegetables, Traditional Hummus

**12      Falafal Pita      12**

Lettuce, Tomato, Red Onion, Roasted Red Pepper, Tzatziki **Substitute Pulled Beef or Chicken For 4**

**10** All Favourites, Sandwiches and Wraps are served with potato frites. Substitute a Poolside Salad or Sweet Potato Frites for \$3

## SIDES

**10      Potato Frites      4.5      Sweet Potato Frites      5.5**  
**Soup of the Day      4**

**MAKE IT A  
COMBO**



+



or

+



**\$9.99**

# BUILD-A-SALAD

Salad includes 1 Protein + 3 Toppings      **Small 6      Large 12**



## PICK YOUR GREENS

- Farmers Greens
- Kale
- Romaine



## PICK YOUR PROTEIN

- (You Can Substitute 2 Toppings For 1 Protein)
- Chopped Chicken
  - Flaked Salmon
  - Hard Boiled Egg
  - Tuna



## PICK YOUR TOPPINGS

- |             |                           |
|-------------|---------------------------|
| Black Beans | Red Onion                 |
| Chickpeas   | Shredded Cheese           |
| Cucumber    | Sweet Corn                |
| Feta Cheese | Sweet Peppers             |
| Green Peas  | Tomato                    |
| Mushrooms   | * Weekly Special Toppings |
| Olives      |                           |
| Pickles     |                           |



## PICK YOUR DRESSING

- Balsamic Vinaigrette
- Blue Cheese
- Creamy Caesar
- Herb Vinaigrette
- Oregano Greek Vinaigrette

**MAKE IT A  
COMBO**



+



or

+



**\$9.99**

# BUILD-A-SANDWICH

**Sandwich or Wrap 6**

**STEP 1**

**PICK YOUR  
BUN**

- Potato
- Pretzel
- Sesame
- Gluten Free
- Teff Tortilla
- Wrap: Spinach,  
Sun Dried Tomato,  
Whole Wheat

**STEP 2**

**PICK YOUR  
PROTEIN**

- Black Forest Ham
- Smoked Turkey
- Roast Beef
- Roasted  
Vegetable Medley
- Salami

**STEP 3**

**TOPPINGS  
YOUR WAY**

- Cheddar
- Lettuce
- Onion
- Red Onion
- Sliced Cucumber
- Sweet Pickle
- Swiss Cheese
- Tomato

**STEP 4**

**SAUCE  
IT UP**

- Garlic Aioli
- Mayo
- Guacamole **add 2**
- Spicy Chipotle
- Sweet Honey Mustard
- Tzatziki **add 2**