**Strength and Conditioning Coordinator**

Toronto Pan Am Sports Centre Inc. is currently seeking a Full Time Strength and Conditioning *Coordinator* to join our team! The Strength and Conditioning Coordinator reports to the Fitness Centre Manager and is responsible for implementing and growing performance training services within the Sports Academy. These services are directed to local schools, sport clubs and community members. The Strength and Conditioning Coordinator is responsible for generating revenue and expanding the current customer base through different marketing, mentoring and partnership opportunities. The candidate will have direct responsibility for planning and conducting athletic assessments and testing protocols to ensure that the delivery of the program effectively meets its commitments to athletes, coaches and individuals.

The key accountabilities of the role include, but are not limited to:

- Implement and grow performance-training services to the community and athletes;
- Generate revenue to meet annual revenue forecast for the Academy;
- Explore avenues for growth of the Academy;
- Coordinate, supervise and lead the Canadian Tire Jumpstart Learn to Train program by creating and updating curriculum content to meet the needs of its audience;
- Coordinate all other training programs within the Sports Academy to ensure organization and smooth delivery;
- Prepare meetings with internal and external contacts to ensure clear communication and transparency;
- Build relationships with sport clubs, high schools and other organizations to achieve the strategic targets of the Academy;
- Plan and perform physiological and assessment testing protocols on external teams and individuals;
- Design individual and team programs based on testing results, training age, environment, and culture;
- Ensure that the delivery of the strength and conditioning service effectively meets its commitments to athletes, coaches and individuals;
- Work closely with coaches and staff, to coordinate and execute team specific strength and conditioning programming, while developing strong relationships on an individual basis;
- Monitor teams training sessions on a weekly and daily basis to ensure athlete development and health;
- Explain weightlifting technique and programs in language that is appropriate to the athlete’s ethnic, sociological, age and cultural background;
- Mentor future strength coaches and kinesiologists by pursuing co-op and university placement opportunities for students;
- Educate and coach a team of TPASC trainers on the fundamentals of Strength and Conditioning in order to promote continued learning and professional development;
- Assist with equipment ordering and plan for future equipment budgeting and expenses;
- Assist with the supervision and oversight of the Fitness Centre and its staff and other duties as required;
The successful candidate will possess the following qualifications:

- A bachelor’s degree in kinesiology or related program;
- A minimum of 2 years of related experience developing team strength and conditioning training programs;
- Certified Strength and Conditioning Coach (NSCA CSCS)
- Current Standard First Aid required;
- Well-developed interpersonal and relationship building skills;
- Must be able to encourage and motivate members/athletes;
- Excelling written and oral communication skills; experience and sensitivity in dealing with athletes of all abilities and gender and ages;
- Strong understanding of business goals as it pertains to budgets, finances and revenue generation
- A flexible schedule including days, evenings and weekends to accommodate the demands of sport teams.
- Excellent leadership skills and ability to mentor staff and athletes

The successful candidate will receive a competitive compensation package. The position will start as soon as possible. Three professional references will be required and a police vulnerable check will be completed for the successful candidate.

HOW TO APPLY
Please submit your cover letter and resume to the attention of Eike Dreyer, Fitness Centre Manager by March 9, 2020.

CONTACT INFORMATION
Eike Dreyer, Fitness Centre Manager
Toronto Pan Am Sports Centre
875 Morningside Avenue
Scarborough, ON M1C 0C7
E-mail: edreyer@tpasc.ca

OUR HISTORY

Toronto Pan Am Sports Centre is a world-class sport and recreation venue that proudly hosted the international community for the Pan Am and Parapan Am Games. The facility is also an amazing place to join hundreds of professionals who look to develop their career in an exciting and rewarding environment.

A legacy of the 2015 Toronto Pan Am and Parapan Am Games, Toronto Pan Am Sports Centre (TPASC) is operated by a corporation co-owned by the City of Toronto and the University of Toronto. The world-class facility was the largest sport new build for the Games and the largest infrastructure investment in Canadian amateur sport history. TPASC delivers extensive programming that serves recreational and community groups, university students, high performance athletes, as well as fitness centre clientele. The building’s 312,000 square-feet includes two internationally sanctioned 10-lane 50-metre pools, a world-class dive pool and dry-land dive training facilities, a four-court gymnasium, a rock climbing wall, an indoor running track, conditioning rooms, a high performance testing centre, studio spaces, and a state-of-the-art fitness centre for members. The Canadian Sport Institute Ontario (CSIO) is located at TPASC.
and provides world-leading sport science and sport performance services. TPASC opened to community users, University of Toronto faculty, staff and students, City of Toronto program users and high performance in September 2014. For more information visit www.ttpasc.ca

Toronto Pan Am Sports Centre Inc. is committed to creating an accessible organization and facility by removing barriers for individuals with disabilities. If you have any accessibility requirements or questions, whether as an employment candidate, volunteer, user of the facility or business partner, please contact us at info@tpasc.ca.