



Strength and Conditioning Coach

Toronto Pan Am Sports Centre is not only a world-class sport and recreation venue that proudly hosted the international community for the Pan Am and Parapan Am Games. The facility is also an amazing place to join hundreds of professionals who look to develop their career in an exciting and rewarding environment.

A legacy of the 2015 Toronto Pan Am and Parapan Am Games, Toronto Pan Am Sports Centre (TPASC) is operated by corporation co-owned by the City of Toronto and the University of Toronto. The world-class facility was the largest sport new-build for the Games and the largest infrastructure investment in Canadian amateur sport history. Pre and post Games, TPASC delivers extensive programming that serves recreational and community groups, high performance athletes, as well as fitness centre clientele. The 312,000 square-foot TPASC includes two internationally sanctioned 10-lane 50-metre pools, a world-class dive pool and dry-land dive training facilities, a four-court gymnasium, an indoor running track, conditioning rooms, a high performance testing centre, studio spaces, and a state-of-the-art fitness centre for members. The Canadian Sport Institute Ontario (CSIO), located at TPASC, provides world-leading sport science and sport performance services. TPASC opened to community users, University of Toronto faculty, staff and students, City of Toronto program users and high performance in September 2014. For more information visit www.tpasc.ca

TPASC is currently seeking a **Strength and Conditioning Coach** to join our team! The key accountabilities of the role include, but are not limited to: Create a friendly and welcoming environment in the fitness centre for all members - establishing optimum standards in customer service excellence; Provide one-on-one specialized training in the form of personal training; Plan, coordinate and deliver Sport Specific trainings to sport clubs and groups; Provide program coverage as required in all areas of the Fitness Centre; Assist members and coworkers in achieving their personal training goals as well as meeting revenue targets set by the organization; Encourage and supports the Fitness Centre team in a proactive manner; Understand, support and adhere to Company policies, programs, and procedures; and comply with all legislative requirements (e.g. *Occupational Health and Safety Act, Human Rights Code, Employment Standards*, etc.)

The successful candidate(s) will possess the following qualifications:

- A bachelor's degree in Kinesiology or related program;
- A minimum of 1 years related experience developing team strength and conditioning training programs
- the equivalent combination of education and experience may be considered;
- Previous experience in developing individual fitness programs and coaching individuals to achieve their goals and results;
- Previous experience in developing and coaching team strength and conditioning training programs;
- Previous sales experience;
- Certified Strength and Conditioning Coach (NSCA CSCS)

- Current Standard First Aid/CPR-C required;
- Well-developed interpersonal and relationship-building skills;
- Must be able to encourage and motivate members;
- Excellent written and oral communication skills; experience and sensitivity in dealing with members of different cultural backgrounds and ages;
- A flexible schedule including days, evenings and weekends and mindset will be required as other duties may be required.

Three professional references will be required and a Vulnerable Persons police records check will be required for the successful candidate(s).

Successful candidates must be able to work a minimum of 20 hours per week.

HOW TO APPLY

Please submit your cover letter and resume to the attention of Jessica Au Yeung, Fitness Centre Supervisor.

CONTACT INFORMATION

Jessica Au Yeung
Toronto Pan Am Sports Centre
875 Morningside Avenue
Toronto ON M1C 0C7
E-mail: jauyeung@tpasc.ca

TPASC is committed to creating an accessible organization and facility by removing barriers for individuals with disabilities. If you have any accessibility requirements or questions, whether as an employment candidate, volunteer, user of the facility or business partner, please contact us at info@tpasc.ca.

Type of Position: Part-Time