



Fitness Centre/Sport Academy Intern

Toronto Pan Am Sports Centre is not only a world-class sport and recreation venue that proudly hosted the international community for the Pan Am and Parapan Am Games. The facility is also an amazing place to join hundreds of professionals who look to develop their career in an exciting and rewarding environment.

A legacy of the 2015 Toronto Pan Am and Parapan Am Games, Toronto Pan Am Sports Centre (TPASC) is operated by a corporation co-owned by the City of Toronto and the University of Toronto. The world-class facility was the largest sport new-build for the Games and the largest infrastructure investment in Canadian amateur sport history. TPASC delivers extensive programming that serves recreational and community groups, high performance athletes, as well as fitness centre clientele. The 312,000 square-foot TPASC includes two internationally sanctioned 10-lane 50-metre pools, a world-class dive pool and dry-land dive training facilities, a four-court gymnasium, an indoor running track, conditioning rooms, a high performance testing centre, studio spaces, and a state-of-the-art fitness centre for members. The Canadian Sport Institute Ontario (CSIO), located at TPASC, provides world-leading sport science and sport performance services. TPASC opened to community users, University of Toronto faculty, staff and students, City of Toronto program users and high performance in September 2014. For more information visit www.tpasc.ca

TPASC Inc. has an opportunity available for a Fitness Centre/Sport Academy Intern to join our team! The key accountabilities of the role include, but are not limited to:

- Greet all users and visitors and create a friendly and welcoming environment in the fitness centre for all users;
- Continually monitor and oversee safety, maintenance and cleanliness in the fitness centre;
- Assist team with programs and rental setups/takedowns;
- Review and sign off on daily fitness centre task sheet;
- Register and conduct new member orientations—tour and equipment/program orientations;
- Provide information and answer questions regarding programs;
- Clean fitness equipment;
- Assist in the fitness centre where needed (spotting, proper exercise form, etc.);
- Sign out equipment to members;
- Work on coop projects and assignments as assigned by the school or by the Fitness Centre Supervisor/Coop Lead;
- Shadow and/or assist personal trainers and group fitness instructors (with the potential of leading a session under the supervision of the personal trainer/group fitness instructor);
- Exhibit a professional attitude, diplomacy and ability to handle difficult situations and know when to escalate the situation to a supervisor;

- Understand, support and adhere to Company policies, programs, and procedures; and
- Comply with all legislative requirements (e.g. *Occupational Health and Safety Act, Human Rights Code, Employment Standards, Act, 2000*, etc.);

The successful candidate(s) will possess the following qualifications:

- Enrolled in a program of study and participating in a registered co-op/intern program with their educational institution;
- Working towards a Personal training Certification;
- Current Standard First Aid and CPR-C;
- Demonstrated personal experience and passion for conditioning and physical activity;
- Demonstrated professional experience and skills with customer service;
- Basic sales skills preferred;
- Self-driven and ability to work with minimal supervision;
- A positive attitude, highly motivated and energetic;

Three professional references will be required and a Vulnerable Persons police records check will be required for the successful candidate(s).

Hours of Work: Successful candidate must be able to work a minimum of 10 hours per week during the day, afternoon and evening.

Reports to: Fitness Centre Supervisor

HOW TO APPLY

Please submit your cover letter and resume by email to the attention of Jessica Au Yeung, Fitness Centre Supervisor.

CONTACT INFORMATION

Jessica Au Yeung, Fitness Centre Supervisor
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TPASC is committed to creating an accessible organization and facility by removing barriers for individuals with disabilities. If you have any accessibility requirements or questions, whether as an employment candidate, volunteer, user of the facility or business partner, please contact us at info@tpasc.ca.